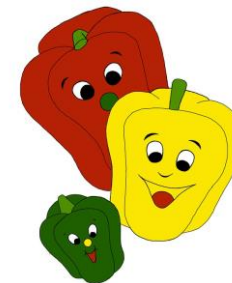


WINTER MENU 2019

FIRST & PRIMARY SCHOOL

WEEK ONE

11th November - 1st May 2020



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course Choices	Spaghetti Bolognese	Mexican Chicken	Cheese or Tuna Melt	Pork Casserole	Fish Fingers
Potatoes Pasta/Rice	Pasta	Wraps Rice	Potato Wedges	Mashed Potatoes	Chips
Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Beans
Salad Bowl	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad
Starters or Sweets	Syrup Sponge and Custard	Carrot Cake	Homemade Biscuit	Apple Crumble with Custard	Muffins



Fresh Fruit and a selection of Breads are always available daily

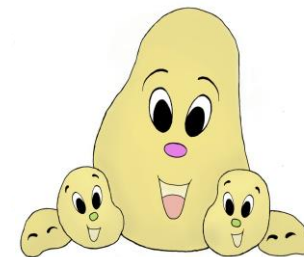
Drinking Water is Available Daily on the Dining Room Tables

Menus are Subject to Change

WINTER MENU 2019

FIRST & PRIMARY SCHOOL

WEEK TWO



11th November - 1st May 2020

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course Choices	Fish Cake	Tomato and Basil Sauce	Chicken Curry	Mince Pie	Homemade Pizza
Potatoes Pasta / Rice	Mashed Potatoes	Pasta	Rice Naan Bread	Mashed Potatoes	Chips Beans
Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
Salad Bar	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad
Starters or Sweets	Rice Pudding	Cornflake Crunch and Custard	Fruit Mousse Slice	Fruit Sponge with Custard	Homemade Biscuits



Fresh Fruit and a selection of Breads are always available daily
Drinking Water is Available Daily on the Dining Room Tables
Menus are Subject to Change

WINTER MENU 2019

FIRST & PRIMARY SCHOOL

WEEK THREE



11th November - 1st May 2020

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course Choices	Hunters Chicken	Mince and Dumplings	Jacket Potato with a Choice of Fillings	Roast Beef with Yorkshire Pudding	Oven Baked Sausage
Potatoes Pasta / Rice	Rice	Mashed Potatoes		Mashed Potatoes	Chips Beans
Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
Salad Bar	Seasonal Salads	Seasonal Salads	Seasonal Salads	Seasonal Salads	Seasonal Salads
Starters or Sweets	Chocolate Sponge & Chocolate Sauce	Flapjack	Cheesecake	Ginger Cake with White Sauce	Brownie



Fresh Fruit and a selection of Breads are always available daily

Drinking Water is Available Daily on the Dining Room Tables

Menus are Subject to Change